

# Current Awareness Bulletin December 2020

Covid-19 .....	1
Health inequalities .....	2
Mental Health .....	3
Healthcare Workforce .....	3
Racism in society.....	4
Podcasts and Videos .....	5

## Covid-19

### A critical juncture for public services: lessons from Covid-19

#### **House of Lords Public Services Committee**

This report discusses lessons to be learnt from the pandemic and recommends a number of principles to transform public service delivery.

### COVID-19: mitigation of risks in occupational settings with a focus on ethnic minority groups

#### **Department of Health and Social Care / Public Health England, 20 November 2020**

Consensus statement from Public Health England, the Health and Safety Executive and the Faculty of Occupational Medicine.

### One size does not fit all: moving towards delivering culturally competent services

#### **Healthwatch Enfield**

This report looks at the impact of coronavirus on local black, Asian and minority ethnic (BAME) communities across Enfield. More than half the people surveyed from BAME groups in Enfield said that they have not received the help and support they needed during the coronavirus pandemic.

### Coronavirus and the impacts on different ethnic groups in the UK

#### **Office for National Statistics, 14 December 2020**

Estimates from the UK Household Longitudinal Study (UKHLS) to understand the impacts of the coronavirus (COVID-19) pandemic on people from different ethnic groups in the UK.

### Coronavirus and ethnicity: a summary of what we know

#### **Office for National Statistics, 14 December 2020**

Article bringing together previously released analysis from ONS about how people in society are affected by Coronavirus by ethnicity.

### Build back fairer: the Covid-19 Marmot review

#### **UCL Institute of Health Equity**

This report examines inequalities in Covid-19 mortality, focusing on ethnic minorities and certain occupations as well as paying continued attention to the socio-economic gradient in health.

### Asian ethnicity strongly linked to COVID-related stroke

#### O’Shea, Dawn **Medscape. 10 November 2020.**

Asian ethnicity is strongly linked to COVID-related stroke, reveals an analysis of stroke centre activity in England and Scotland during the first wave of the pandemic.

### Is it lawful and ethical to prioritize racial minorities for COVID-19 vaccines?

#### Schmidt, Harald et al. **JAMA. 14 October 2020.**

The ethical justification for prioritizing economically worse-off racial minorities rests on epidemiological, economic, and social justice grounds.

### COVID-19: mitigation of risks in occupational settings with a focus on ethnic minority groups

#### **Public Health England. 20 November 2020.**

Consensus statement from Public Health England, the Health and Safety Executive and the Faculty of Occupational Medicine.

### Engaging the vulnerable: A rapid review of public health communication aimed at migrants during the COVID-19 pandemic in Europe

Nezafat Maldonado, Behrouz M

**Journal of Migration and Health. 2020.** Governments must reflect on the inclusion of migrants within their COVID-19 response and seek to engage vulnerable communities.

### Ethnicity and clinical outcomes in COVID-19: A systematic review and meta-analysis

Sze, Shirley et al. **EClinicalMedicine. 2020.**

Individuals of Black and Asian ethnicity are at increased risk of COVID-19 infection compared to White individuals; Asians may be at higher risk of ITU admission and death.

## Health inequalities

### Racism could be fuelling poor health among minority groups in the UK

Hackett, Ruth and Ronaldson, Amy **BMC. 18 November 2020.** Research suggest that there is an enduring impact of experiences of racism on both mental and physical health.

### Black History Month: Can digital tech help remedy health disparities for black people?

Mageit, Sara **Healthcare IT News. 30 October 2020.**

This article celebrates the contributions from Black digital health tech leaders, while also reflecting on why Black patients are more likely than White patients to use health tech tools.

### Diabetes: Exploring racial inequities

Sandoiu, Ana **Medical News Today. 13 November 2020.**

Overall, the number of adults newly diagnosed with diabetes decreased in this decade. But, of the new cases, non-Hispanic Black adults and people of Hispanic descent made up the highest proportion.

### Racial discrimination and health: a prospective study of ethnic minorities in the United Kingdom

Hackett, Ruth et al. **BMC. 18 November 2020.**

UK adults belonging to ethnic minority groups who perceive racial discrimination experience poorer mental and physical health than those who do not.

### Women, wellbeing and the city: A model of participatory health research exploring physical activity in Black, Asian and minority ethnic communities

Peerbhoy, Denise. **Health Education Journal. 19 November 2020.**

This feasibility study demonstrates the effectiveness and limitations of partnership working as a public health tool.

### Coronavirus shows how hard it is for ethnic minority and migrant women to access healthcare

Yong, Adrienne and Germain Sabrina. **The Conversation. 25 November 2020.**

Migrant women in abusive relationships have been disproportionately affected by the pandemic.

### Clinical implications of removing race from estimates of kidney function

Diao, James A. et al. **JAMA Network. 2 December 2020.**

Removal of race adjustment may increase CKD diagnoses among Black adults and enhance healthcare, while potentially excluding kidney donors and prompting drug contraindications or dose reductions for individuals reclassified to advanced stages of CKD.

### Race, ethnicity, and racism in the nutrition literature: an update for 2020

Duggan, Christopher P. **The American Journal of Clinical Nutrition. 3 December 2020.**

Authors consider that instead of using racial categories to explain biologic phenomena, researchers should consider not just race and ethnicity but many social determinants of health, including experienced racism.

### Understanding equality and diversity in nursing practice

Stenhouse, Rosie. **Nursing Standard. 2020.**

It discusses the role of organisational culture in supporting nurses to uphold the values of equality and diversity and encourages nurses to reflect on this topic to enhance their practice.

## Mental Health

### The final report of the Commission for Equality in Mental Health

**Centre for Mental Health. November 2020.** Inequality is not simply a fact of life. It damages people's wellbeing and causes harm that can last a lifetime.

### Understanding ethnic minority differences in access to and outcomes of psychological therapies for first episode psychosis and severe mental illness

Pathan, Samir. **University of East Anglia PhD Thesis. 3 March 2020.**

Future research is needed to explore the frequency and use of culturally adapted therapies in clinical settings. Research is needed to compare between culturally adapted and standard therapies.

### For Muslim women, finding a therapist is hard, but there is hope

Khan, Mariam. **Refinery29. 26 November 2020.**

Instead of a place to explore our trauma, therapy can quickly become a place where we have to explain our non-white selves because those we are speaking to have no reference point by which to understand us other than what is said in the media.

### Racial Microaggressions in everyday life, Implications for clinical practice

Sue, Derald Wing et al. **American Psychologist, Vol 62 (4), 271-286. 2007.**

This article uses the White counsellor – client of colour counselling dyad to illustrate how they impair the development of a therapeutic alliance. Suggestions regarding education and training and research in the helping professions are discussed.

### The death of Daniel Prude, reflections of a Black neurosurgeon

Paul, David A. **New England Journal of Medicine. 10 December 2020.**

For Black people, mental health help comes with substantial risk. One manifestation of this risk ends some Black people's lives.

### The Pásalo Project

The Pásalo Project is a UK based organisation, drawing in talented professionals as required to create project-specific responses and solutions for psychological health and social care issues across languages.

## Healthcare Workforce

### Diversity in orthopaedics and traumatology: a global perspective

**EFFORT Open Reviews Vol 5 (10). 26 October 2020.** Frequently, the 'hidden curriculum' suggests that orthopaedics is a 'boys club' which may deter good candidates from considering such a career.

### Ethnic inclusion in medicine: the ineffectiveness of the 'Black, Asian and Minority Ethnic' metric to measure progress

Sarfo-Annin, Jason Kwasi. **British Journal of General Practitioners Open. 24 November 2020.**

The King's Fund, a health think-tank, has recently highlighted that senior leadership and managerial positions are predominately held by White British and male persons.

### Ethnic minority doctors are less likely than white colleagues to report workplace improvements during pandemic

Rimmer, Abi. **British Medical Journal. 27 November 2020.**

Doctors from Ethnic Minority groups were less likely than White colleagues to experience improved team working and knowledge sharing during the first wave of the covid-19 pandemic.

### Shouting, screaming and microaggressions uncovered at NHS organisation

Moore, Alison **Health Service Journal. 27 November 2020.**

A review of a clinical commissioning group has discovered “microaggressions and insensitivities” towards Black, Asian and Minority Ethnic staff, and the use of derogatory slurs about other groups.

#### NMC acknowledges ‘uncomfortable truths’ on race equality in report

Kendall-Raynor, Petra. **Nursing Standard. 27 November 2020.**

Employees of the Nursing and Midwifery Council (NMC) who are from Black, Asian and Minority Ethnic (BAME) backgrounds feel they do not have equal access to career opportunities and progression, a report shows.

#### 'One size does not fit all: Moving towards delivering culturally competent services'

**Healthwatch Enfield. 1 December 2020.** A key lesson from this report is that specific community groups used different services in different ways and as a result had different views about the support they need.

#### Prestigious award recognises contribution of BAME nurses during Covid-19

Ford, Megan. **Nursing Times. 3 December 2020.** A nurse leader and diversity champion has accepted a prestigious award on behalf of all NHS BAME nurses and midwives for their response in the coronavirus pandemic.

#### From portraits to role models, why we need Black physicians in academic medicine

Owoseni, Adetomina V. **New England Journal of Medicine. 3 December 2020.**

Underrepresentation has several causes, including racial disparities in funding for K–12 education nationwide.

#### Prejudice. Cheung, Vivian G. **JAMA Network. 8 December 2020.**

Most organizations including medical and research institutions lack diversity and comprise homogeneous leadership. So perhaps it is not surprising that most organizations have had anemic responses to systemic injustice.

#### Hallam study to explore racism in healthcare during pandemic

**Sheffield Hallam University News. 9 December 2020.**

Academics from Sheffield Hallam University are collaborating with internationally renowned documentary film collective Migrant Media to study the impact of racism on BME nurses and care workers during the Covid-19 pandemic

#### Nearly half of trusts report no BAME staff in top management tier, HSJ investigation reveals

Kituno, Nick and Dunhill, Lawrence

**Health Service Journal. 30 November 2020.** Nearly 100 trusts have no ‘very senior managers’ who are declared to be from a Black, Asian or minority ethnic background, HSJ analysis has revealed.

#### CEO urges staff to come forward after anonymous racism allegations

Thomas, Rebecca. **Health Service Journal. 2 December 2020.**

A trust chief executive has called for staff to come forward with concerns after allegations were made about Black workers being treated like a ‘second class’.

## Racism in society

#### Domestic Abuse in Black, Asian and Minority Ethnic Groups

**Kent, Surrey and Sussex Community Rehabilitation Company. 29 October 2020.** It is widely accepted that domestic abuse affects more victims from a minority background, particularly from a migrant community.

#### Black people, racism and human rights

**Joint Committee on Human Rights. 11 November 2020.**

This report concludes that the government must urgently take action to protect the human rights of black people and set out a comprehensive cross-government race equality strategy. This must have at its heart improved data collection on racial inequality.

#### I am not your BAME person

Andrew, Kehinde. **Make it Plain. 13 November 2020.**

The term captures everything that is wrong with top approaches and people only use it because it is the language of funding applications.

#### **The election of Kamala Harris is a wake-up call for UK institutions and society**

Aggarwal, Reena. **British Medical Journal.** 13 November 2020.

Kamala Harris taking the office of vice-president can only be good for women, and especially those of colour, not only in the US but also in the UK.

#### **The language of ethnicity**

Khunti, Kamlesh. **British Medical Journal.** 23 November 2020.

BAME and BME terms, commonly used in the UK, are problematic as they indiscriminately combine people from different geographical, behavioural, social, and cultural backgrounds.

## **Podcasts and Videos**

#### **Race at Work, candid conversations about the role race plays in our careers and lives.**

HBR Presents Podcast. Candid conversations about the role race plays in our careers and lives.

#### **Tales from the Front Line ... and other stories**

Tales from the Front Line ... and other stories uses verbatim interviews to explore the historic Covid-19 crisis and its seismic impact on Black frontline workers at the front line of the pandemic.

#### **The only one in the room**

Laura Cathcart Podcast. The host interviews people who share their experiences about being the only one in the room.

#### **Has anything changed for Black women at work?**

Harvard Business Review podcast. About what four Black women make of the discussions and actions around racial justice happening inside their workplaces.

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